

**Department of Physical Education and Sports,
Vallabh Government College Mandi**

3.5(ii) Detail of Sports Facilities Available for the Students

Sr. No.	Name of the sports/game	Name of Articles/facilities
1.	Athletics	Athletics Clapper (Wooden)
		Athletics Discus
		Athletics Hammers
		Athletics High Jump Stand/ Post
		Athletics Javelin
		Athletics Shot Put (Men)
		Athletics Shot Put (Women)
		Athletics Starting Block
		Athletics Batons
		Treadmill
		Vaulting Pole
		Top Plates (For Gym)
2.	Badminton	Badminton Courts
		Badminton Poles
		Badminton Rackets
		Shuttle Cocks
3.	Basket Ball	Basket Ball Court
		Basket Balls
4.	Boxing	Boxing Ring
		Boxing Gloves
		Boxing Head Gear
		Boxing Punching Pads
		Boxing Punching Kits
		Boxing Ring Shoes
		Boxing Speed Ball
		Skipping Ropes
		Gym Balls
5.	Carrrom	Carrrom Board
6.	Chess	Chess Board with Chessmen
7.	Cricket	Cricket Pitches (Cemented)
		Cricket Bats
		Cricket Balls
		Cricket Laggard (Batting)
		Cricket Gloves (Batting)
		Cricket Laggard (Wicket Keeping)
		Cricket Gloves (Wicket Keeping)
		Cricket Arm Guard
		Cricket Mat
		Cricket Shoes/ Spikes
		Cricket Stumps with Bails

		Cricket Swinger Ball
		Wind Balls
		Cricket Helmet
8.	Football	Footballs
		Football Goal Keeper Gloves
		Football Goal Net
		Football Shin Pad
		Football Shoes
9.	Handball	Handball Goal Post
		Hand Balls
10.	Hockey	Hockey Sticks
		Hockey Shoes
		Hockey Shin Guard
		Hockey Turf Balls
		Hockey Goal Keeper Kit
11.	Judo	Judo Dresses
		Judo Mats
12.	Kabaddi	Kabaddi Mats
		Kabaddi Mat Shoes
		Knee Caps and Anklets
13.	Kho- Kho	Kho- Kho Poles
14.	Shooting	Shooting Air Pistol
		Shooting Air Rifle
		Shooting Target (Air Pistol)
		Shooting Target (Air Rifle)
		Shooting Pallets
15.	Table Tennis	TT Table
		TT Ball
		TT Bat
16.	Taekwondo	Taekwondo Complete Set
17.	Volleyball	Volleyball Poles
		Volleyball
		Volleyball Antenna
		Volleyball Kneecaps and Elbow Guard
		Volleyball Net
18.	Weight Lifting	Weight Lifting Platform
		Weight Lifting Set
		Weight Lifting Costumes
		Weight Lifting Shoes
19.	Wrestling	Wrestling Mats
		Wrestling Costume
		Wrestling Mat Shoes
20.	Wushu	Wushu head Guard
		Wushu Martial art boot
		Wushu Gloves
		Wushu Chest Guard

		Wushu Thigh Pad
		Wushu Belly Belt
		Wushu Curved Hit Shield
		Wushu Punching Bag
21.	Yoga	Yoga Mats
22.	Gymnasium	Well Equipped Gymnasiums
23.	Indoor Hall	Indoor Hall

Note: Adjoining Paddal Ground is used for various sports activities like athletics, hockey, football, cricket, handball and kho-kho etc.

Saini
Principal
Vallabh Govt College
Mandi (H P)